

SWIM START

SWIM FINISH

BRIDGE

RUN START

SHORT COURSE INDIVIDUALS & DUATHLON

LONG COURSE INDIVIDUALS

LONG COURSE INDIVIDUALS

RUN 2nd LAP
FINISH LINE

ATHLETE ENTRANCE

TEAM MTB AREA

TEAMS TAG OVER THIS FENCE
TEAM SWIMMERS & RUNNERS AREA

ATHLETE ENTRANCE

VIP AREA


MTB START

MTB INTO TRANSITION

CROSSWALK

KIDS PLAYGROUND

TEAMS TRANSITION FLOW

-  SWIM FINISH
-  MTB START
-  MTB FINISH
-  RUN START - RUN 2nd LAP - RUN FINISH

TO TRANSITION
FROM TRANSITION TO THE TRAIL

END OF MTB

START OF MTB