



SWIM START

SWIM FINISH

BRIDGE

RUN START

SHORT COURSE INDIVIDUALS & DUATHLON

LONG COURSE INDIVIDUALS

LONG COURSE INDIVIDUALS

TEAM MTB AREA

TEAM TAG ZONE

ATHLETE ENTRANCE

RUN 2nd LAP

FINISH LINE

ATHLETE ENTRANCE

MTB START

MTB INTO TRANSITION

VIP AREA

CROSSWALK

KIDS PLAYGROUND

# TRANSITION FLOW

-  SWIM FINISH
-  MTB START
-  MTB FINISH
-  RUN START - RUN 2nd LAP - RUN FINISH

TO TRANSITION

FROM TRANSITION TO THE TRAIL

END OF MTB

START OF MTB